



## LACROSSE UPDATE

### INTRODUCTION

Smithson Valley Lacrosse, here is a quick update on some of the more important things currently going on in our program. If you have any questions or concerns, please feel free to contact any member of the Board. See page 2 for contact information.

### CONGRATULATIONS

Please join us in congratulating Jacob Cox. Come next fall, Jacob will play lacrosse at Rockhurst University (DII) in Kansas City MO. Well done Jacob!



### FALL LACROSSE

**HS Tournaments:** (1) 1-2 Dec, *Longhorn Shootout*, Austin TX; (2) 8-9 Dec, *Texas Lacrosse Festival I*, Lockhart TX.

### SPRING LACROSSE

**Registration:** Registration for the spring 2019 season is now open. Please follow the attached link to register your son.

<http://www.svlax.net/registration/>

### **Cost**

- **HS:** \$825 (if your son participated in the fall program); \$910 (if your son did not participate in the fall program)
- **7-8:** \$500
- **5-6:** \$350
- **3-4:** \$300
- **K-2:** \$150

**Helmets:** We placed an order for 12 Cascade S helmets (in SV colors). They are required for all high school players (9<sup>th</sup> – 12<sup>th</sup> grade) and are optional for all others. We have 6 to 7 extra helmets. If you are interested in purchasing one, please contact Jeff Ford at [jeffrey.ford97@gmail.com](mailto:jeffrey.ford97@gmail.com). The cost is \$187.

## Uniforms

**ALL ... in order to ensure we get the uniforms for the spring season on time we need to place the order NLT 5 Dec. Please follow the attached link & fill out the uniform tab (sizes & desired numbers): <http://www.svlax.net/registration/>**

**HS:** *If your son played in the fall, there is no need to order a new uniform.* **Sizes:** Shooter shirt: standard t-shirt sizes apply. Shorts: Adult S 28/30; Adult M 30/32; Adult L 32/34; Adult XL 34/36; Adult XXL 36/38. Jersey: Adult S/M/L/XL.

**5/6 & 7/8:** **Sizes:** Shooter shirt: standard t-shirt sizes apply. Shorts: Youth S 24/26; Youth M 26/28; Youth L 28/30; Adult S 28/30; Adult M 30/32; Adult L 32/34; Adult XL 34/36; Adult XXL 36/38. Jersey: Youth S/M/L/XL or Adult S/M/L/XL.

**K/2 & 3/4:** **Sizes:** Shooter shirt: standard t-shirt sizes apply. Pennie: Youth S/M or Youth L/XL. Shorts: Not Included.

## Coaching Opportunities

Have you ever wanted to be a coach? If yes, now is your chance. We are looking for volunteers to coach our K/2, 3/4, and 5/6 programs. If you or anyone you know is interested in coaching, please let the VP of our Lacrosse Program (Jeff Ford) know. We are planning to provide a free coaching clinic this fall. As soon as we know the exact date, time, and location we will let you know.

## VOLUNTEER OPPORTUNITIES

We are currently looking for volunteers to help with the following projects. If you are interested in leading and/or supporting a particular project, please let us know.

- Field lighting
- Field maintenance
- Game day field prep
- Game day filming
- End of Year Banquet
- Other

## SPONSORS

For those of you interested in becoming a Smithson Valley Lacrosse Club sponsor, please contact Mark Perry at [markperrysvlax@gmail.com](mailto:markperrysvlax@gmail.com). As always, your contributions are very much appreciated!

## BOARD MEMBERS

FYI: Here is a list of the current board members, their positions, and their contact information. If you have any questions or concerns, please reach out to the appropriate board member.

- **President:** Damon Thorpe, [president@svlax.net](mailto:president@svlax.net)
- **President Elect:** Hugo Carvajal, [vp@svlax.net](mailto:vp@svlax.net)
- **Treasurer:** Karla Bonet, [bonet@gvtc.com](mailto:bonet@gvtc.com)
- **Secretary:** Cristina Hamilton, [cris3013@yahoo.com](mailto:cris3013@yahoo.com)
- **Vice President, Lacrosse Program:** Jeff Ford, [Jeffrey.ford97@gmail.com](mailto:Jeffrey.ford97@gmail.com)
- **Vice President, Membership:** Rich Ortiz, [registration@svlax.net](mailto:registration@svlax.net)
- **Vice President, Communications:** Bobby May, [bobby@svlax.net](mailto:bobby@svlax.net)

- **Vice President, Fundraising / Sponsorship:** Mark Perry,  
markperrysvlax@gmail.com
- **Vice President, Field Maintenance:**  
Chris Escobedo, cdsa09@gmail.com

We hope you found this newsletter informative. Again, if you have any questions or concerns, please contact the appropriate board member.



Go Rangers!